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VASECTOMY INFORMATION

In a 10 to 15 minute consultation the Doctor will discuss the risks and benefits of this procedure, and he will explain the procedure in detail.

Please be sure to bring a jock strap or tight fitting men's briefs to wear after this appointment.

It is helpful to shave the scrotum before the appointment. Otherwise, there will be a shave of the hair on the scrotum.

The Doctor recommends Valium for relaxation, so please bring a driver. Otherwise, this is not an option.

The procedure takes about 15 minutes. The Doctor will use a local anesthetic to numb the skin; usually just a ¼ inch incision is made.

At the end of the procedure, some gauze pads will be placed against the scrotum. A Jock strap is then used to hold these in place. The patient is then ready to go home.

For 2 to 3 hours following the procedure the patient should elevate legs up and apply an ice pack.

Patient is able to shower the next morning.

Patient is able to return to work the next morning with the exception of heavy, stressful exercise or work.